

SEASON AFTER PENTECOST



Christ heals the bleeding woman, as depicted in the Catacombs of Marcellinus and Peter.

June 30, 2024

Peace Lutheran Church



West Seattle, Washington

A woman finds healing by touching Jesus' cloak, and a girl is restored to life when he takes her by the hand. In both cases a boundary is crossed: in Jesus' time the hemorrhaging woman was considered ritually unclean, polluting others by her touch, and anyone who touched a corpse also became unclean. In Mark's gospel Jesus breaks down barriers, from his first meal at a tax collector's house to his last breath on the cross as the temple curtain is torn in two. We dare to touch Jesus in our "uncleanness" and to live as community that defines no one as an outsider.

***Today we will celebrate Holy Communion. Christ is the host of this meal of grace and offers himself fully, body and blood, in the bread and wine.
All are welcome to meet him at the Table.***

We welcome Rev. Andy Yee, Assistant to the Bishop, NW Washington Synod, to our pulpit today!

+ GATHERING +

P – Presider C – Congregation L – Lector A – Assisting Minister
ELW – Evangelical Lutheran Worship Hymnal ACS – All Creation Sings

PRELUDE

WELCOME

GATHERING HYMN

Praise to the Lord, the Almighty

ELW #859

1. Praise to the Lord, the Almighty, the God of creation!
My heart is longing to offer up sweet adoration.
Melody make; dulcimer, harp, now awake. Sound forth your praise, ev'ry nation.
2. Praise the Almighty, o'er all life so wondrously reigning,
and, as on wings of an eagle, uplifting, sustaining.
Have you not seen? All that is needful has been sent by God's gracious ordaining.
3. Praise the Almighty, who prospers your work and defends you;
see from the heavens the showers of mercy God sends you.
Ponder anew what the Almighty can do; infinite Love here befriends you.
4. Praise the Almighty! In wonder my spirit is soaring!
All that has life and breath, come now with praises outpouring.
Let the amen sound from God's people again, gladly forever adoring!

GREETING AND PRAYER OF THE DAY

P The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.

C **And also with you.**

P Let us pray. Almighty and altender God, we implore you to hear the prayers of your people. Be our strong defense against all harm and danger, that we may live and grow in faith and hope, through Jesus Christ, our Savior and Lord.

C **Amen.**

+ WORD +

FIRST READING: Lamentations 3:22-33

Scott Sunde

The book of Lamentations is one of our most important sources of information about the terrible conditions in Jerusalem after the Babylonian siege in 587 B.C. Though the people admit that God's judgment was just, today's reading declares a fervent trust that God will not leave them forever.

The steadfast love of the LORD never ceases, his mercies never come to an end;

²³they are new every morning; great is your faithfulness.

²⁴"The LORD is my portion," says my soul, "therefore I will hope in him."

²⁵The LORD is good to those who wait for him, to the soul that seeks him.

²⁶It is good that one should wait quietly for the salvation of the LORD.

²⁷It is good for one to bear the yoke in youth,
²⁸to sit alone in silence when the Lord has imposed it,
²⁹to put one's mouth to the dust (there may yet be hope),
³⁰to give one's cheek to the smiter, and be filled with insults.
³¹For the Lord will not reject forever.
³²Although he causes grief, he will have compassion
according to the abundance of his steadfast love;
³³for he does not willingly afflict or grieve anyone.

L The Word of the Lord.
C **Thanks be to God.**

GOSPEL ACCLAMATION *Please rise in body or spirit to receive the gospel.* **ELW #174**



P The Holy Gospel according to Mark, the 5th Chapter.
C **Glory to you, O Lord.**

GOSPEL: Mark 5:21-43

Jairus, a respected leader, begs Jesus to heal his daughter. A woman with a hemorrhage is ritually unclean, treated as an outcast in Jewish society. Both Jairus and the unnamed woman come to Jesus in faith, believing in his power to heal and bring life out of death.

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. ²²Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet ²³and begged him repeatedly, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live." ²⁴So he went with him.

And a large crowd followed him and pressed in on him. ²⁵Now there was a woman who had been suffering from hemorrhages for twelve years. ²⁶She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. ²⁷She had heard about Jesus, and came up behind him in the crowd and touched his cloak, ²⁸for she said, "If I but touch his clothes, I will be made well." ²⁹Immediately her hemorrhage stopped; and she felt in her body that she was healed of her disease. ³⁰Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?"

³¹And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?' " ³²He looked all around to see who had done it. ³³But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. ³⁴He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

³⁵While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" ³⁶But overhearing what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." ³⁷He allowed no one to follow him except Peter, James, and John, the brother of James. ³⁸When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. ³⁹When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." ⁴⁰And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. ⁴¹He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" ⁴²And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. ⁴³He strictly ordered them that no one should know this, and told them to give her something to eat.

P The Gospel of the Lord.
 C Praise to you, O Christ.

CHILDREN'S TIME

Nicole Klinemeier

SERMON

Rev. Andy Yee

HYMN OF THE DAY *When We Must Bear Persistent Pain*

ACS #1014

1 When we must bear per - sis - tent pain and suf - fer
 2 Sup - port us as we learn new ways to care for
 3 We thank you for the bet - ter days when we may
 4 In ease or pain, in life and death, to you our

with no cure in sight, come, Ho - ly Pres - ence,
 bod - ies new - ly frail. Help us en - dure, and
 smile to greet the sun, to do your work with
 frag - ile lives be - long, and so we trust you

breathe your peace with gifts of warmth and heal - ing light.
 live and love. Hear our com - plaint when pa - tience fails.
 clear - ing mind, and bless your name when day is done.
 in all things. You are our hope, our health, our song.

PRAYERS OF INTERCESSION

Chris Kindem

A One in the communion of saints and in the power of the Holy Spirit,
 we join our voices in prayer.

Petitions are offered that end with:

A In your mercy, C hear our prayer.

When all petitions have been offered:

P Holy God, holy and merciful: into your outstretched arms we commend ourselves and all for whom we pray, trusting in the one who is the way, the truth, and the life, Jesus Christ our Savior and Lord.

C Amen.

ANNOUNCEMENTS

+ MEAL +

THE PEACE

P The peace of the Lord be with you always.

C And also with you. We share a gesture of greeting of peace with those around us.

OFFERING

Your financial gifts today support the ongoing ministry of our congregation, cooperative ventures of ELCA congregations throughout Western Washington, and Evangelical Lutheran ministries around the world. We invite you to give generously! You can place your gift in the offering plate, can mail in a check, or connect to our secure [Tithely Giving Page](#) via this QR CODE. Whatever size, your gift makes difference—thank you for your support!



OFFERTORY

Take My Life, That I May Be

ELW #583, vs. 1-2

Refrain/Estrillo

To - ma, oh Dios, mi vo - lun - tad, y haz - la tu - ya, na - da más;
Take my life, that I may be con - se - crat - ed, Lord, to thee;

to - ma, sí, mi co - ra - zón y tu tro - no en él ten - drás.
take my mo - ments and my days; let them flow in cease - less praise.

1 Que mi vi - da en - te - ra es - té con - sa - gra -
1 Take my hands and let them move at the im -
2 Take my sil - ver, and my gold, not a mite

da a ti, Se - ñor; que a mis ma - nos pue -
pulse of thy love; take my feet and let
would I with - hold; take my in - tel - lect

Refrain/Estrillo

da guiar el im - pul - so de tu a - mor.
them be swift and beau - ti - ful for thee.
and use ev - 'ry pow'r as thou shalt choose.

OFFERTORY PRAYER

P Let us pray. Jesus, Bread of life:

C you have set this table with your very self, and called us to the feast of plenty.

Gather what has been sown among us, and strengthen us in this meal.

Make us to be what we receive here, your body for the life of the world. Amen.

THE GREAT THANKSGIVING

P The Lord be with you.

C And also with you.

P Lift up your hearts!

C We lift them to the Lord!

P Let us give thanks to the Lord our God.

C It is right to give our thanks and praise.

P It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and altender God, through our Savior Jesus Christ.

And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

YOU ARE HOLY

ELW #525



Du är he - lig, du är hel. Du är all - tid myck-et mer
You are ho - ly, you are whole. You are al - ways ev - er more



än vi nån - sin kan för - stå, du är nä - ra än - då.
than we ev - er un - der - stand. You are al - ways at hand.



Väl - sig - nad va - re du som kom - mer hit just nu,
Bless - ed are you com - ing near. Bless - ed are you com - ing here



väl - sig - na - de vår jord, blir till bröd på vår jord.
to your church in wine and bread, raised from soil, raised from dead.



Du är he - lig, du är hel - het,
You are ho - ly, you are whole - ness,



du är när - het he - la kos - mos lo - var dig!
you are pres - ent. Let the cos - mos praise you, Lord!

Ho - si - an - na, ho - si - an - na,
 Sing ho - san - na in the high - est!

ho - si - an - na, ho - si - an - na vår Gud.
 Sing ho - san - na! Sing ho - san - na to our God!

EUCCHARISTIC PRAYER

P In the night he shared his final meal with his disciples, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying:

C **Take and eat; this is my body, given for you. Do this for the remembrance of me.**

P Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:

C **This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.**

THE LORD’S PRAYER (*ecumenical*)

**Our Father in heaven, hallowed be your name,
 your kingdom come, your will be done, on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins as we forgive those who sin against us.
 Save us from the time of trial and deliver us from evil.
 For the kingdom, the power, and the glory are yours,
 now and forever. Amen.**

INVITATION TO COMMUNION

P Christ has set the table with more than enough for all. Come!

C **Thanks be to God!**

DISTRIBUTION

We commune processionally. Extend your hands to receive bread. A gluten free wafer is also available. Both wine (dark) and grape juice (light) are available in the ceramic cups. Place your empty cup in the box at the end of the front pew on your way back. Children are welcome to receive when their parents believe they are ready, with the support of the pastor. Any who prefer a blessing may cross their hands over their chest as they come forward.

COMMUNION HYMN

Healer of Our Every Ill

ELW #612

Refrain

Heal - er of our ev - 'ry ill, light of each to - mor - row,
 give us peace be - yond our fear, and hope be - yond our sor - row.

Continued on next page →



1 You who know our fears and sad - ness, grace us with your
 2 In the pain and joy be - hold - ing how your grace is
 3 Give us strength to love each oth - er, ev - 'ry sis - ter,
 4 You who know each thought and feel - ing, teach us all your



Refrain

peace and glad-ness; Spir-it of all com-fort, fill our hearts.
 still un-fold-ing, give us all your vi-sion, God of love.
 ev-'ry broth-er; Spir-it of all kind-ness, be our guide.
 way of heal-ing; Spir-it of com-pas-sion, fill each heart.

PRAYER AFTER COMMUNION

P Let us pray. Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us in this meal, now strengthen us to love the world with your own life. In your name we pray.

C Amen.

+ SENDING +

BLESSING

P The blessing of God, who provides for us, feeds us, and journeys with us,
 + be upon you now and forever.

C Amen.

SENDING HYMN

God, Be the Love to Search and Keep Me

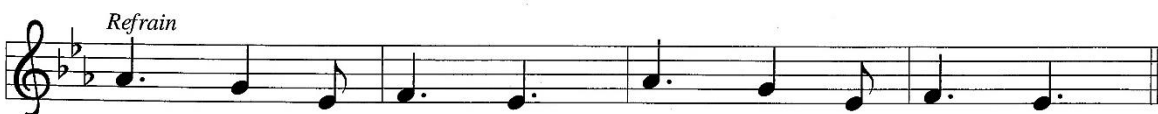
ACS #1084



1 God, be the love to search and keep me; God, be the prayer to
 2 Bind to my-self the name of Ho - ly, great cloud of wit - ness -
 3 Bright-ness of sun and glow of moon-light, flash - ing of light - ning,
 4 Walk - ing be-hind to hem my jour - ney, go - ing a - head to
 5 Christ in the eyes of all who see me, Christ in the ears that



move my voice; God, be the strength to now up - hold me:
 es en - fold; proph - ets, a - pos - tles, an - gels wit - ness:
 strength of wind, depth of the sea to soil of plan - et:
 light my way, and from be - neath, a - bove, and all ways:
 hear my voice, Christ in the hearts of all who know me:



Refrain

O Christ, sur - round me; O Christ, sur - round me.

A Go in peace. You are the body of Christ.


C **Thanks be to God.**

POSTLUDE



CONTACT INFORMATION

8316 39 th Avenue SW, Seattle, WA 98136	206-935-1962
Pastor Erik Kindem’s mobile phone number:	206-930-3172
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Peace Lutheran web page:	www. PeaceLutheranSeattle.org
Kathleen Keyes Office Admin.	Office@PeaceLutheranSeattle.org
Church Office hours:	Tuesday through Thursday 10:00am-3:00pm
Nicole Klinemeier, Dir. of Youth Family Ministry	Youth@PeaceLutheranSeattle.org 206-427-6496
Jon Lackey, Minister of Music	Music@PeaceLutheranSeattle.org

Find us on  at **People of Peace Lutheran**

SERVING IN WORSHIP

Pastor	Rev. Erik Kindem
Guest Preacher	Rev. Andy Yee
Minister of Music	Jon Lackey
Liturgical Assistant	Chris Kindem
Acolyte	Jaxson Troupe
Lector	Scott Sunde
Children’s Sermon	Nicole Klinemeier
Greeters	Corinne Otakie, Nancy Hauger
Ushers	Kristin Gimelli Hemme, Barbara Hillier
Altar Care	Naomi Kindem
Communion Assistant	Naomi Kindem, Shannon Williams
Coffee Server	WELCA
Production Techs	Alex Wren, Alan Jarvimaki
Counters	Alan Jarvimaki, Kristin Gimelli Hemme
Nursery Attendant	Heidi Coy

OUR FINANCIAL STEWARDSHIP

At the Congregational Meeting on February 4, we embraced a plan for funding our mission in 2024. That plan anticipates offering income averaging \$26,477 monthly. Thank you for your gifts which support God’s mission at Peace, in the larger community, and internationally through the ELCA!

Offering Income received June 2024

06/02/24	\$ 4,145.00
06/09/24	\$ 216.24
06/16/24	\$ 640.00
06/23/24	\$ 1,782.00
<u>Electronic</u>	<u>\$12,412.23</u>
Total	\$19,195.50

Heating campaign total received to date: \$24,625

Our campaign goal is: \$35,000

THIS WEEK'S ACT FOR CREATION

Today we kick off #PlasticFreeJuly with a series of Acts about further reducing plastics use.

This may sound surprising, but 80% of all water may be contaminated with microplastics. We're drinking plastic! This is because all the plastic that ends up in our oceans doesn't disintegrate. Instead, they break down into tiny microplastics that stick with water molecules when they evaporate, gather in the clouds, fall with the rain and then escape all our filtration systems. Invest in a water filter. Stop making the problem worse by avoiding plastic bottles and other single-use plastics.

Pray for Creation: As we resolve to reduce our plastic waste, we pray that we remember God's call to act with justice toward all beings whose lives depend upon our actions.

OUR GUEST PREACHER TODAY: REV. ANDY YEE

Assistant to the Bishop Rev. Andy Yee is our guest preacher today. Pastor Andy is a member of the Northwest Washington Synod staff. One of his primary tasks is working with congregations who are undergoing pastoral transitions. We welcome Pastor Andy back to our community!

PRIDE SUNDAY

The NW Washington Synod will be walking in the Pride Parade today. Seattle's 50th annual Pride Month celebration will close out with the annual Seattle Pride Parade on Sunday, June 30 in Westlake Park along 4th Avenue. The Parade steps off at 11:00 am.

THANK YOU FROM CREATION CARE

Thank you to all members who added their astonishments to the tree banner during last month's *Season of Creation*. You can read PLC's **Litany of Astonishments** on our Facebook page, [People of Peace Lutheran Seattle](#).

JULY 7: FIRST SUNDAY FOOD FOR OUR NEIGHBORS

Remember to bring your shelf-stable food items for the every-Saturday Welcome Table and the White Center Food Bank. Let's include some items for our own Peace Pantry (on the patio), too. The shelves need filling, especially when children are out of school. Your neighbors thank you!

UPCOMING WORSHIP SCHEDULE FOR JULY

Pastor Erik will be serving as Resource Pastor at Camp Lutherwood June 30 – July 5th. Rev. Mel Jacob will serve as preacher and presider on July 7th. Pastor Erik will return to the pulpit on July 14th, a service at which August Elliott, son of Elizabeth and Tyler Menstell Coyle, will be baptized.

Heidi Eilers will preach and preside on July 21st, with support of Bishop Wee. Janet Cruse will serve as keyboard musician. July 28th will be a hymn sing service, led by Boots Winterstein and Marian Christjaener, with Janet Cruse again at the keyboard. Pastor Paul Winterstein will preside at Eucharist. While Pastor Kindem is gone, Pastor Paul Winterstein will serve as emergency pastoral care contact.

SAVE THE DATES 7/15 & 7/28 VIEWING/DISCUSSING FILMS

Save the dates! Part of caring for Creation is understanding how our actions affect the natural world and what we can do. Next month, the Creation Care Team (CCT) is facilitating discussions on two videos available for individual viewing you can watch online. The first discussion will be **Monday, July 15th, from 7-8:00 pm** on Zoom for *Cooked: Survival by Zip Code*. We bought a license to view this film during a **3-day window of July 12-14**. The second is PBS NewHour's *The Plastics Problem* with a Zoom discussion **Sunday, July 28th at 11:00am**. Look for updates in our Bulletin announcements and under the Announcements section of the Peace website for links to both videos.

PRAYER LIST

Please continue to remember the sick and home-bound of our congregation and others who have sought our prayers: **Sick/Recovering**: Cay Bell; Jan Burt; Ixchela Castaneda; Jeff & Dolly Chale; Rick & Charlene Coulson; Mike & Marsha Davis; MaryAnne DeVry; Joe Flint; Bob Gaines; Verna Hernandez; Maria Iriarte; Mary Jacob; Mark Kindem; Ken Keyes; Norma Knight; Evelyn Martinez; Steve Metzler; Bill Morrell; Michelle Pierce; Jill Ramsey; Joey Roberts; JoAnne Spangler; Pat Spangler; Scott Stenberg; Sean Stephens; Doris Stevens; Lukas Swidler; Sarah Taylor; Pam Webber; Roger Wingfield; Inta Zagars; Audrey Zemke.

Homebound: Connie Benjamin; Lu Kramer; Marjorie Johnson; Jan Madsen

PROTOCOL FOR PRAYER LIST We will keep people on the prayer list for one month unless otherwise specified or unless you contact the Peace office to extend the time.

RECONCILING IN CHRIST AFFIRMATION OF WELCOME

Christ calls us to reconciliation and wholeness, in a world that can be filled with alienation and brokenness. In faithfulness to the Gospel and to our Lutheran heritage, we answer Christ's call to be agents of healing and safety, particularly for people who have been marginalized by our society.



As a Christian community, we invite all people to join us as we work to better understand the meaning of grace for our lives. We welcome people of all sexual orientations and gender identities into the life and mission of our congregation.

PERMISSIONS

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Plastic Free July® Calendar

31 Days of Ideas

<p>Choosing one small step</p>  <p>1</p>	<p>Reusing what you have</p>  <p>2</p>	<p>Avoiding bottled drinks</p>  <p>3</p>	<p>Refusing plastic bags</p>  <p>4</p>		
<p>Ditching disposable cups</p>  <p>5</p>	<p>Avoiding pre-packed produce</p>  <p>6</p>	<p>Skipping the straw</p>  <p>7</p>	<p>Choosing reusable utensils</p>  <p>8</p>	<p>Avoiding plastic food wrap</p>  <p>9</p>	
<p>Swapping bottled soaps for bars</p>  <p>10</p>	<p>Choosing plastic free packaging</p>  <p>11</p>	<p>Making homemade snacks</p>  <p>12</p>	<p>Hosting a morning tea</p>  <p>13</p>	<p>Shopping in bulk food stores</p>  <p>14</p>	<p>Choosing loose tea</p>  <p>15</p>
<p>Switching to reusable safety razors</p>  <p>16</p>	<p>Making household cleaners</p>  <p>17</p>	<p>Bringing reusable containers</p>  <p>18</p>	<p>Reducing plastic in the bathroom</p>  <p>19</p>	<p>Dining in</p>  <p>20</p>	
<p>Picking up litter</p>  <p>21</p>	<p>Switching to plastic free stationery</p>  <p>22</p>	<p>Choosing natural fibres</p>  <p>23</p>	<p>Choosing reusable period products</p>  <p>24</p>	<p>Avoiding plastic bin liners</p>  <p>25</p>	<p>Choosing plastic free toys</p>  <p>26</p>
<p>Making deodorant</p>  <p>27</p>	<p>Learning more</p>  <p>28</p>	<p>Travelling with reusables</p>  <p>29</p>	<p>Plastic free celebrations</p>  <p>30</p>	<p>Small steps, big difference</p>  <p>31</p>	

Join millions of people worldwide choosing to refuse single-use plastic.

