

SEASON AFTER PENTECOST



Come away to a
deserted place

and rest a while.

July 21, 2024

Peace Lutheran Church



West Seattle, Washington

Mark's gospel makes clear how great is the press of the crowd, with its countless needs to be met, on Jesus and his disciples. Yet in today's gospel Jesus advises his disciples to get away and rest, to take care of themselves. Sometimes we think that when others are in great need we shouldn't think of ourselves at all; but Jesus also honors the caregiver's need. We are sent from Christ's table to care for others and for ourselves.

Today we will celebrate Holy Communion. Christ is the host of this meal of grace and offers himself fully, body and blood, in the bread and wine.

All are welcome to meet him at the Table.

+ GATHERING +

P – *Presider* C – *Congregation* L – *Lector* A – *Assisting Minister*
ELW – *Evangelical Lutheran Worship Hymnal* WOV – *With One Voice*
ACS – *All Creation Sings*

PRELUDE

My Shepherd Will Supply My Need arr. John Carter

WELCOME

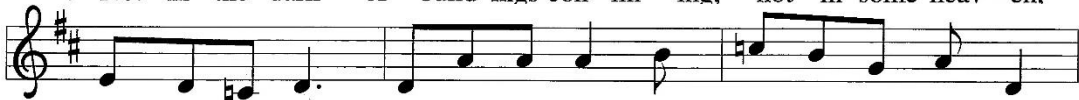
GATHERING HYMN

Gather Us In

ELW #718



1 Here in this place the new light is stream-ing, now is the dark-ness
2 We are the young, our lives are a mys-t'ry, we are the old who
3 Here we will take the wine and the wa-ter, here we will take the
4 Not in the dark of build-ings con-fin-ing, not in some heav-en.



van-ished a-way; see in this space our fears and our dream-ings
yearn for your face; we have been sung through-out all of his-t'ry,
bread of new birth, here you shall call your sons and your daugh-ters,
light years a-way— here in this place the new light is shin-ing,



brought here to you in the light of this day.
called to be light to the whole hu-man race.
call us a-new to be salt for the earth.
now is the king-dom, and now is the day.



Gath-er us in, the lost and for-sak-en, gath-er us in, the
Gath-er us in, the rich and the haugh-ty, gath-er us in, the
Give us to drink the wine of com-pas-sion, give us to eat the
Gath-er us in and hold us for-ev-er, gath-er us in and



blind and the lame; call to us now, and we shall a-wak-en,
proud and the strong; give us a heart, so meek and so low-ly,
bread that is you; nour-ish us well, and teach us to fash-ion
make us your own; gath-er us in, all peo-ples to-geth-er,

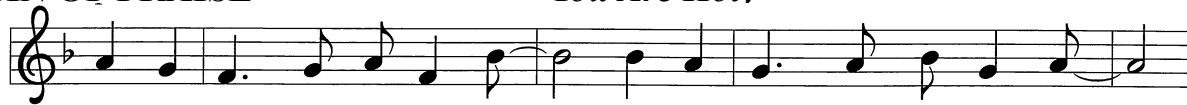


we shall a-rise at the sound of our name.
give us the cour-age to en-ter the song.
lives that are ho-ly and hearts that are true.
fire . . . of love in our flesh and our bone.

GREETING

P The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.

C And also with you.



Du är he - lig, du är hel. Du är all - tid myck-et mer
 You are ho - ly, you are whole. You are al - ways ev - er more



än vi nån - sin kan för - stå, du är nä - ra än - då.
 than we ev - er un - der - stand. You are al - ways at hand.



Väl - sig - nad va - re du som kom - mer hit just nu,
 Bless - ed are you com - ing near. Bless - ed are you com - ing here



väl - sig - na - de vår jord, blir till bröd på vår jord.
 to your church in wine and bread, raised from soil, raised from dead.



Du är he - lig, du är hel - het,
 You are ho - ly, you are whole - ness,



du är när - het he - la kos - mos lo - var dig!
 you are pres - ent. Let the cos - mos praise you, Lord!



Ho - si - an - na, ho - si - an - na,
 Sing ho - san - na in the high - est!



ho - si - an - na, ho - si - an - na vår Gud.
 Sing ho - san - na! Sing ho - san - na to our God!

PRAYER OF THE DAY

P The Lord be with you.

C And also with you.

P Let us pray. O God, powerful and compassionate, you shepherd your people, faithfully feeding and protecting us. Heal each of us, and make us a whole people, that we may embody the justice and peace of your Son, Jesus Christ, our Savior and Lord.

C Amen.

+ WORD +

READING: Ephesians 2:11-22

Kathleen Keyes

The author of this letter is reminding his audience that originally they were not part of God's chosen people. Though Jesus' death, however, they are included in God's household of faith, whose cornerstone is Jesus Christ.

Remember that at one time you Gentiles by birth, called "the uncircumcision" by those who are called "the circumcision"—a physical circumcision made in the flesh by human hands—¹²remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. ¹³But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. ¹⁴For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. ¹⁵He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, ¹⁶and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. ¹⁷So he came and proclaimed peace to you who were far off and peace to those who were near; ¹⁸for through him both of us have access in one Spirit to the Father. ¹⁹So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, ²⁰built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. ²¹In him the whole structure is joined together and grows into a holy temple in the Lord; ²²in whom you also are built together spiritually into a dwelling place for God.

L The Word of the Lord.

C Thanks be to God.

GOSPEL ACCLAMATION

Please rise in body or spirit to receive the gospel.

ELW #174

Al - le - lu - ia, al - le - lu - ia.
Al - le - lu - ia, al - le - lu - ia.

P The Holy Gospel according to Mark, the 6th Chapter.

C Glory to you, O Lord.

GOSPEL: Mark 6:30-34, 53-56

When Jesus sent his disciples out to teach and heal, they ministered among large numbers of people.

Their work was motivated by Christ's desire to be among those in need.

The apostles gathered around Jesus, and told him all that they had done and taught. ³¹He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. ³²And they went away in the boat to a deserted place by themselves. ³³Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. ³⁴As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

⁵³When they had crossed over they came to land at Gennesaret and moored the boat.
⁵⁴When they got out of the boat, people at once recognized him, ⁵⁵and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. ⁵⁶And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

P The Gospel of the Lord.

C Praise to you, O Christ.

CHILDREN'S TIME

Nicole Klinemeier

SERMON

Heidi Eilers

HYMN OF THE DAY

Earth Is Full of Wit and Wisdom

ACS #1064

1 Earth is full of wit and wis - dom, sound - ing God's de - light - ed laugh,
 2 Earth is full of wit and wis - dom, wo - ven in - to har - mo - ny.
 3 Earth is full of wit and wis - dom: pen - guin, pla - ty - pus, and snail,
 from the ti - ny ro - ly - po - ly to the tree - top - tall gi - raffe.
 Ev - 'ry crea - ture has a pur - pose, ev - 'ry flow'r and bum - ble - bee.
 cac - tus, sea slug, oak, and al - gae, from the mi - crobe to the whale.
 All cre - a - tion sings in won - der; e - ven rocks and trees re - joice
 Spi - der, hu - man, red - wood, geck - o, mon - key, chick - en, mouse, and snake
 In this great and strange cre - a - tion, with a breath God gives us birth:
 as they join the ring - ing cho - rus: ech - oes of our Mak - er's voice.
 live with - in a sin - gle fab - ric: cloth that on - ly God could make.
 born of soil to live as stew - ards, called to love and serve the earth.

PRAYERS OF INTERCESSION

Laura Bermes

A One in the communion of saints and in the power of the Holy Spirit,
 we join our voices in prayer.

Petitions are offered that end with:

A In your mercy,

C **hear our prayer.**

When all petitions have been offered:

P Holy God, holy and merciful: into your outstretched arms we commend ourselves and all
 for whom we pray, trusting in the one who is the way, the truth, and the life,
 Jesus Christ our Savior and Lord.

C **Amen.**

+ MEAL +

THE PEACE

P The peace of the Lord be with you always.

C **And also with you.** *We share a gesture of greeting of peace with those around us.*

ANNOUNCEMENTS

OFFERING

Your financial gifts today support the ongoing ministry of our congregation, cooperative ventures of ELCA congregations throughout Western Washington, and Evangelical Lutheran ministries around the world. We invite you to give generously! You can place your gift in the offering plate, can mail in a check, or connect to our secure [Tithely Giving Page](#) via this QR CODE. Whatever size, your gift makes difference—thank you for your support!



OFFERTORY

Take My Life, That I May Be

ELW #583, vs. 1-2

Refrain/Estribillo

To - ma, oh Dios, mi vo - lun - tad, y haz - la tu - ya, na - da más;
Take my life, that I may be con - se - crat - ed, Lord, to thee;

to - ma, sí, mi co - ra - zón y tu tro - no en él ten - drás.
take my mo - ments and my days; let them flow in cease - less praise.

1 Que mi vi - da en - te - ra es - té con - sa - gra -
1 Take my hands and let them move at the im -
2 Take my sil - ver and my gold, not a mite

da a ti, Se - ñor; que a mis ma - nos pue -
pulse of thy love; take my feet and let
would I with - hold; take my in - tel - lect

Refrain/Estribillo

da guiar el im - pul - so de tu a - mor.
them be swift and beau - ti - ful for thee.
and use ev - 'ry pow'r as thou shalt choose.

OFFERTORY PRAYER

A Let us pray. Jesus, Bread of life:

C **you have set this table with your very self, and called us to the feast of plenty.**

Gather what has been sown among us, and strengthen us in this meal.

Make us to be what we receive here, your body for the life of the world. Amen.

THE GREAT THANKSGIVING

P The Lord be with you.

C **And also with you.**

P Lift up your hearts!

C **We lift them to the Lord!**

P Let us give thanks to the Lord our God.

C **It is right to give our thanks and praise.**

P It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and altender God, through our Savior Jesus Christ. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

C **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest!
Blessed is he who comes in the name of the Lord. Hosanna in the highest!**

EUCCHARISTIC PRAYER

P In the night he shared his final meal with his disciples, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying:

C **Take and eat; this is my body, given for you. Do this for the remembrance of me.**

P Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:

C **This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.**

THE LORD'S PRAYER *(ecumenical)*

P Gathered into one by the Holy Spirit, we pray the prayer Jesus taught us.

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours,

now and forever. Amen.

INVITATION TO COMMUNION

P Christ has set the table with more than enough for all. Come!

C **Thanks be to God!**

DISTRIBUTION

We commune processionally. Extend your hands to receive bread. A gluten free wafer is also available. Both wine (dark) and grape juice (light) are available in the ceramic cups. Place your empty cup in the box at the end of the front pew on your way back. Children are welcome to receive when their parents believe they are ready, with the support of the pastor. Any who prefer a blessing may cross their hands over their chest as they come forward.

LAMB OF GOD

WOV #622

Lamb of God, you take a - way the sin of the world; have
 mer - cy on us. Lamb of God, you take a - way the sin of the
 world; have mer - cy on us. Lamb of God, you take a-way the sin of the
 world; grant us peace, grant us peace, Lamb of God.

PRAYER AFTER COMMUNION

A Let us pray. Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray.

C Amen.

+ SENDING +

BLESSING

P The blessing of God, who provides for us, feeds us, and journeys with us,
 + be upon you now and forever.

C Amen.

SENDING HYMN

My Life Flows On in Endless Song

ELW #763

1 My life flows on in end - less song; a - bove earth's lam - en - ta - tion,
 2 Through all the tu - mult and the strife, I hear that mu - sic ring - ing.
 3 What though my joys and com - forts die? The Lord my Sav - ior liv - eth.
 4 The peace of Christ makes fresh my heart, a foun - tain ev - er spring - ing!

I catch the sweet, though far-off hymn that hails a new cre - a - tion.
 It finds an ech - o in my soul. How can I keep from sing - ing?
 What though the dark - ness gath - er round? Songs in the night he giv - eth.
 All things are mine since I am his! How can I keep from sing - ing?

Refrain

No storm can shake my in-most calm while to that Rock I'm cling-ing.
 Since Christ is Lord of heav-en and earth, how can I keep from sing-ing?

A Go in peace. You are the body of Christ.

C **Thanks be to God.**

POSTLUDE *They'll Know We Are Christians by our Love* arr. Charity Book Putnam



CONTACT INFORMATION

8316 39 th Avenue SW, Seattle, WA 98136	206-935-1962
Pastor Erik Kindem's mobile phone number:	206-930-3172
Pastor Erik Kindem's email:	Pastor@PeaceLutheranSeattle.org
Peace Lutheran web page:	www. PeaceLutheranSeattle.org
Kathleen Keyes Office Admin.	Office@PeaceLutheranSeattle.org
Church Office hours:	Tuesday through Thursday 10:00am-3:00pm
Nicole Klinemeier, Dir. of Youth Family Ministry	Youth@PeaceLutheranSeattle.org 206-427-6496
Jon Lackey, Minister of Music	Music@PeaceLutheranSeattle.org
Find us on at People of Peace Lutheran	

SERVING IN WORSHIP

Pastor	Rev. Erik Kindem
Guest Preacher and Presider*	Heidi Eilers
Minister of Music	Jon Lackey
Guest Pianist	Janet Cruse
Liturgical Assistant	Laura Bermes
Acolyte	Mateo Leon-Stephens
Lector	Kathleen Keyes
Children's Sermon	Nicole Klinemeier
Greeters	Jean Sides, Ruth Eilers
Ushers	John & Debi Flint
Altar Care	Kathleen Keyes
Communion Assistant	Mia Bliss, Kathleen Keyes
Coffee Server	Shannon Williams, Barbara Hillier
Production Techs	Alex Wren, Paul Bliss
Counters	Paul Bliss, Erika Stephens
Nursery Attendant	Heidi Coy

*Heidi Eilers has been authorized by Bishop Shelley Bryan Wee to preside at Eucharist today.

OUR FINANCIAL STEWARDSHIP

At the Congregational Meeting on February 4, we embraced a plan for funding our mission in 2024. That plan anticipates offering income averaging \$26,477 monthly. Thank you for your gifts which support God's mission at Peace, in the larger community, and internationally through the ELCA!

Offering Income received July 2024

07/07/24	\$ 2,328.00
07/14/24	\$ 1,812.00
<u>Electronic</u>	<u>\$ 6,397.22</u>
Total	\$10,537.22

Heating campaign total received to date: \$26,875

Our campaign goal is: \$35,000

THIS WEEK'S ACT FOR CREATION

Paper plates and cups often have plastic liners to prevent water and oil from seeping through. Choose reusable whenever you can and when you can't, choose compostable versions. And then make sure you compost them—don't throw them in the trash where they'll contribute to more landfill waste.

Pray for Creation: We pray for willingness to both learn about the long-lasting effects of disposable plastics and to change habits in order to more fully become what God has created us to be: shepherds and caretakers of our precious planet.

SING A NEW SONG! JULY 28 HYMN SERVICE

Join us Sunday morning, July 28, for a joyful worship service featuring music and prayers from our fellow Christians in South Africa, Brazil, El Salvador, Japan, and more as we hear their stories, listen to the Word, pray together, and celebrate the Eucharist. **Opportunities for volunteer participation abound; do you play an instrument? Want to shake maracas or a tambourine? Please contact musician-of-the-day, Janet Cruse:** 952-679-9958 or jmmdcruse@gmail.com.

Note: *This is an all-ages venue. Come one, come all!*

UPCOMING WORSHIP SCHEDULE FOR JULY/AUGUST

Pastor Erik will be on vacation from July 18 – August 14. While he is gone, Pastor Paul Winterstein will serve as emergency pastoral care contact. His home phone is: 206-762-1362 and mobile phone: 206-802-8951. Heidi Eilers will preach and preside on July 21^s. Janet Cruse will serve as keyboard musician. July 28th will be a hymn sing service, led by Boots Winterstein and Marian Christjaener, with Janet Cruse again at the keyboard. Pastor Paul Winterstein will preside at Eucharist. On August 4 Rev. Mel Jacob will return to the pulpit. On August 11, Rev. Chris Ode will serve as guest preacher/presider.

SAVE THE DATE 7/28 FILM DISCUSSION

Our second screening event for PBS NewHour's *The Plastics Problem* will be **Sunday, July 28th, 7-8:00pm**. You'll see an email with information about joining that discussion in late July. Meanwhile, you can watch the program for free any time at <https://www.pbs.org/newshour/show/the-plastic-problem>.

OPERATION NIGHTWATCH IS LOOKING FOR VOLUNTEERS

“At Operation Nightwatch, we believe in making a tangible difference in the lives of those experiencing homelessness. We are currently seeking compassionate volunteers who share our commitment to serving others. By volunteering with us, you will have the opportunity to directly impact the lives of our homeless neighbors, whether through serving meals, providing companionship, or assisting with our outreach programs. No matter your background or experience level, there are meaningful ways for you to get involved and make a difference. Your time and dedication can help

bring comfort and hope to those who need it most. If you are interested in learning more about volunteer opportunities with Operation Nightwatch or would like to join us in our mission, please do not hesitate to reach out. Together, we can work towards building a community where everyone feels valued and supported.” Michelle Aguilar Ramirez, Volunteer Coordinator, Desk: (206) 482-8123 Cell: (206) 399-9790, michelle@seattlenightwatch.org <https://www.seattlenightwatch.org/>

PRAYER LIST

Please continue to remember the sick and home-bound of our congregation and others who have sought our prayers: Sick/Recovering: Carrol Andersen; Cay Bell; Jan Burt; Ixchela Castaneda; Jeff & Dolly Chale; Mike & Marsha Davis; MaryAnne DeVry; Joe Flint; Bob Gaines; Verna Hernandez; Maria Iriarte; Mary Jacob; Sandy Kaduce; Mark Kindem; Ken Keyes; Norma Knight; Evelyn Martinez; Steve Metzler; Bill Morrell; Michelle Pierce; Jill Remsey; Joey Roberts; JoAnne Spangler; Pat Spangler; Scott Stenberg; Sean Stephens; Doris Stevens; Lukas Swidler; Sarah Taylor; Michele Tomseth; Pam Webber; Bishop Shelley Bryan Wee; Roger Wingfield; Audrey Zemke.

Homebound: Connie Benjamin; Lu Kramer; Marjorie Johnson; Jan Madsen

PROTOCOL FOR PRAYER LIST We will keep people on the prayer list for one month unless otherwise specified or unless you contact the Peace office to extend the time.

RECONCILING IN CHRIST AFFIRMATION OF WELCOME

Christ calls us to reconciliation and wholeness, in a world that can be filled with alienation and brokenness. In faithfulness to the Gospel and to our Lutheran heritage, we answer Christ's call to be agents of healing and safety, particularly for people who have been marginalized by our society.



As a Christian community, we invite all people to join us as we work to better understand the meaning of grace for our lives. We welcome people of all sexual orientations and gender identities into the life and mission of our congregation.

PERMISSIONS

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